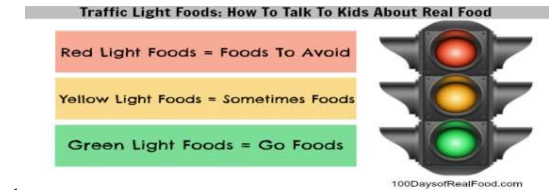


# Trinity Lutheran College Canteen Menu Term 1 2020

Roll or Wrap Half \$3.50 Full \$6.00		
<b>Salad:</b> Tomato, cucumber, carrot, lettuce, beetroot, cheese & mayonnaise.		
<b>Deli:</b> Roast chicken breast, cheese, lettuce & cucumber.		
<b>Sweet Chilli Chicken:</b> Chicken tender, lettuce, tomato, mayonnaise & sweet chilli sauce		
<b>Ham and Salad:</b> Shaved ham, sliced cheese, lettuce, tomato, cucumber & mayonnaise.		
<b>Tuna Salad:</b> Creamy tuna with lettuce, cucumber & carrot.		
Sandwiches & Rolls : Fresh or Toasted		
Rice Paper Rolls (Veg & Chicken (2xpack) )		\$4.00
Zucchini Slice		\$4.00
Ham OR Chicken and salad		\$6.00
Ham, cheese and tomato		\$4.00
Egg and lettuce		\$4.00
Vegemite, honey or strawberry jam		\$2.00
Jaffles \$4.00		
Spaghetti OR Baked Beans		
Salad Tubs		
Fruit Salad	Sml \$1.00	Lge \$3.00
Savoury Snack Pack (Veg sticks, cheese, dip, cracker)		\$4.00
Garden Salad with Italian Dressing		\$4.00
Chicken Caesar Salad		\$6.00
Chicken Salad (sweet chilli optional)		\$6.00
Hot Food		
Chicken Burger with Cheese, Lettuce , Mayo		\$6.00
Ham & Cheese Criosants(or Choices of Various Fillings)		\$4.00
Beef Lasagne		\$4.50
Marinated Chicken Skewers		\$2.50
Chicken Crackels (Nuggets)	\$1.00 ea or	6=\$5.00
Steamed Dim Sims	\$1.50ea or	4=\$5.00
Toasted Foccacia ( various fillings)		\$6.00

Mini Pizzas \$4.00	
Ham and cheese	
Hawaiian	
BBQ Chicken	
Garlic and cheese lovers	
Sweet Treats	
Mixed berry yogurt pots with oat crumble	\$2.00
Home-made muffins (various flavours each day)	\$1.50
Jelly Cups	\$1.50
Honey Joys	\$1.00
From the Freezer	
Canteen made icypoles	\$0.50
Cruncha	\$1.50
Dixie Tub vanilla ice cream	\$2.20
Frozen strawberry or mango yogurt	\$2.50
Cold Drinks	
Stone Mountain Water - 600ml	\$2.20
Fresh Orange or Apple Juice	\$2.60
Quelch Carbonated Fruit Juice	\$2.80
<i>(Quelch Drinks are approved by the Canteen Association of Victoria)</i>	
Focus Flavoured Water	\$2.60
Oak Flavoured Milk (300ml) Chocolate, Vanilla,	
Strawberry	\$2.60
Oak Flavoured Milk (600ml) Chocolate, Strawberry,	
Iced Coffee <i>(Available to secondary students only)</i>	\$4.00



## Gluten Free Options Available

Monday Specials		
Nachos: with meat salsa, sour cream, guacamole, cheese		\$5.00
Soft Tacos: with meat, cheese, lettuce, tomato, sour cream		\$5.00
Note: 2x soft taco per serve		
Tuesday Special		
Chicken, Bacon, Penne Carbonara	Sml \$4.00	\$6.00
Hot Diggity Dog (with bacon, cheese, spanish leaves & sauce)		\$5.00
Hot dog with bacon, cheese, spanish leaves & sauce)		
Wednesday Special		
Mild Meatball Curry with rice	Sml \$4.00	Lge \$6.00
Fried Rice	Sml \$4.00	Lg \$5.00
Thursday Specials		
Kebabs: Beef or Chicken		\$6.00
with lettuce, tomato, cheese, tzatziki sauce wrapped in pitta bread		
Oven Baked Wedges: with Sour Cream & Sweet Chilli Sauce		\$5.00
Friday Specials		
Large meat pie		\$4.50
Large sausage roll		\$4.00
Pasties: Meat or Vegetarian		\$4.50
Party pies		\$1.60
Mini sausage roll		\$1.60
Quiche Loraine or Spanich & Fetta		\$4.50
<i>Our pies and pasties are made by Cowards Cakes and have been accredited by Healthy Canteens Association of Victoria.</i>		