

Trinity Lutheran College Canteen Menu Term 4 2019



Roll or Wrap Half \$3.50 Full \$6.00	
Salad: Tomato, cucumber, carrot, lettuce, beetroot, cheese & mayonnaise.	
Deli: Roast chicken breast, cheese, lettuce & cucumber.	
Sweet Chilli Chicken: Chicken tender, lettuce, tomato, mayonnaise & sweet chilli sauce	
Ham and Salad: Shaved ham, sliced cheese, lettuce, tomato, cucumber & mayonnaise.	
Tuna Salad: Creamy tuna with lettuce, cucumber & carrot.	
Sandwiches & Rolls : Fresh or Toasted	
Zucchini Slice	\$4.00
Ham OR Chicken and salad	\$6.00
Ham, cheese and tomato	\$4.00
Egg and lettuce	\$4.00
Vegemite, honey or strawberry jam	\$2.00
Jaffles \$4.00	
Spaghetti OR Baked Beans	
Salad Tubs	
Fruit Salad	Sml \$1.00 Lge \$3.00
Savoury Snack Pack (Veg sticks, cheese, dip, cracker)	\$4.00
Garden Salad with Italian Dressing	\$4.00
Chicken Caesar Salad	\$6.00
Chicken Salad (sweet chilli optional)	\$5.00
Hot Food	
Chicken Burger with Cheese, Lettuce , Mayo	\$6.00
Beef Lasagne	\$4.50
Marinated Chicken Skewers	\$2.50
Chicken Crackels (Nuggets)	\$1.00 ea or 6=\$5.00
Steamed Dim Sims	\$1.50ea or 4=\$5.00
Toasted Foccacia (various fillings)	\$6.00
Baked Potatoes with Cheese, bacon, sour cream, coleslaw	\$5.00

Mini Pizzas \$4.00	
Ham and cheese	
Hawaiian	
BBQ Chicken	
Garlic and cheese lovers	
Criosants Various Fillings \$4.00	
Sweet Treats	
Mixed berry yogurt pots with oat crumble	\$2.00
Home-made muffins (various flavours each day)	\$1.50
Jelly Cups	\$1.50
From the Freezer	
Canteen made icypoles	\$0.50
Cruncha	\$1.50
Dixie Tub vanilla ice cream	\$2.20
Frozen strawberry or mango yogurt	\$2.50
Cold Drinks	
Stone Mountain Water - 600ml	\$2.20
Fresh Orange or Apple Juice	\$2.60
Quelch Carbonated Fruit Juice	\$2.80
<i>(Quelch Drinks are approved by the Canteen Association of Victoria)</i>	
Focus Flavoured Water	\$2.60
Oak Flavoured Milk (300ml) Chocolate, Vanilla, Strawberry	\$2.60
Oak Flavoured Milk (600ml) Chocolate, Strawberry, Iced Coffee (Available to secondary students only)	\$4.00

Gluten Free Options Available

Monday Specials		
Nachos: with meat salsa, sour cream, guacamole, cheese		\$5.00
Soft Tacos: with meat, cheese, lettuce, tomato, sour cream		\$5.00
Note: 2x soft taco per serve		
Tuesday Special		
Honey Soy Beef Stir Fry noodles	Sml \$4.00	\$6.00
Chicken, Bacon, Penne Carbonara	Sml \$4.00	\$6.00
Wednesday Special		
Mild Meatball Curry with rice	Sml \$4.00	Lge \$6.00
Fried Rice	Sml \$4.00	Lg \$5.00
Thursday Specials		
Kebabs: Beef or Chicken		\$6.00
with lettuce, tomato, cheese, tzatziki sauce wrapped in pitta bread		
Oven Baked Wedges: with Sour Cream & Sweet Chilli Sauce		\$5.00
Friday Specials		
Large meat pie		\$4.50
Large sausage roll		\$4.00
Pasties: Meat or Vegetarian		\$4.50
Party pies		\$1.60
Mini sausage roll		\$1.60
<i>Our pies and pasties are made by Cowards Cakes and have been accredited by Healthy Canteens Association of Victoria.</i>		