

Trinity Lutheran College Canteen Menu Term 4 2020

Roll or Wrap Half \$3.50 Full \$6.00	
Salad: Tomato, cucumber, carrot, lettuce, beetroot, carrot cheese & mayonnaise.	
Deli: Roast chicken breast, cheese, lettuce & cucumber.	
Sweet Chilli Chicken: Chicken tender, lettuce, tomato, mayonnaise & sweet chilli sauce	
Ham and Salad: Shaved ham, sliced cheese, lettuce, tomato, cucumber, carrot & mayonnaise.	
Tuna Salad: Creamy tuna with lettuce, cucumber, carrot & Mayo	
Sandwiches & Rolls : Fresh or Toasted	
Criossant: Ham, Cheese , Tomato	\$6.00
Ham OR Chicken and salad	\$6.00
Ham, cheese and tomato	\$5.00
Egg and lettuce	\$5.00
Vegemite, honey or strawberry jam	
Jaffles \$4.00	
Spaghetti OR Baked Beans	
Salad Tubs	
Fruit Salad	Sml \$1.00 Lge \$3.00
Garden Salad with Italian Dressing	\$4.00
Chicken Caesar Salad,	\$6.00
Chicken Salad (sweet chilli optional)	\$6.00
Hot Food	
Egg & Bacon Muffin (1st break only)	\$4.00
Homemade Beef Lasagna	\$6.00
Fried Rice	sm \$4.00 Lg \$5.00
Baked Potatoes with Cheese, bacon, sour cream, coleslaw	\$5.00
Zucchini Slice	\$4.00
Chicken Crackels (Nuggets)	\$1.00 ea or 6=\$5.00
Steamed Dim Sims	\$1.50 ea or 4=\$5.00
Toasted Focaccia (various fillings)	\$6.00

Mini Pizzas \$4.00	
Ham and cheese	
Hawaiian	
BBQ Chicken	
Garlic and cheese lovers	
Sweet Treats	
Home-made muffins (various flavours each day)	\$1.50
Jelly Cups	\$1.50
Honey Joys	\$1.00
From the Freezer	
Icypoles	\$0.50
Dixie Tub vanilla ice cream	\$2.20
Frozen strawberry or mango yogurt	\$2.50
Cold Drinks	
Stone Mountain Water - 600ml	\$2.20
Fresh Orange or Apple Juice	\$2.80
Quelch Carbonated Fruit Juice	\$2.80
<i>(Quelch Drinks are approved by the Canteen Association of Victoria)</i>	
Focus Flavoured Water	\$2.60
Oak Flavoured Milk (300ml) Chocolate, Vanilla, Strawberry	\$2.60
Oak Flavoured Milk (600ml) Chocolate, Strawberry,	
Iced Coffee <i>(Available to secondary students only)</i>	\$4.00



Gluten Free Options Available

Monday Specials	
Chicken Schnitzel Burger (with Cheese, Lettuce, Mayo)	\$6.00
Country chicken Vol-au-Vants	\$6.00
Tuesday Special	
Spaghetti Bolognaise	Sml \$4.00 \$6.00
Chicken & Bacon Carbonara	Sm \$4.00 Lg \$6.00
Wednesday Special	
Nachos: with meat salsa, sour cream, guacamole, cheese	\$5.00
Chicken Enchilada with Steamed Rice Sour Cream, Salsa	\$6.00
Thursday Specials	
Hot Diggity Dog (with, bacon, cheese, tomato sauce)	\$5.00
Honey Soy Beef Stir Fry with Rice	\$6.00
Friday Specials	
Large meat pie	\$4.50
Large sausage roll	\$4.00
Pasties: Meat or Vegetarian	\$4.50
Party pies	\$1.60
Mini sausage roll	\$1.60
Quiche Loraine or Spanich & Fetta	\$4.50
<i>Our pies and pasties are made by Cowards Cakes and have been accredited by Healthy Canteens Association of Victoria.</i>	

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