



Trinity College Canteen Menu Term 1, 2021

Roll or Wrap (G)

Half \$3.50 Full \$6.00

Salad: Tomato, cucumber, carrot, lettuce, beetroot, carrot, cheese & mayonnaise

Deli: Roast chicken breast, cheese, lettuce & cucumber

Sweet Chilli Chicken: Chicken tender, lettuce, tomato, mayonnaise & sweet chilli sauce

Ham & Salad: Shaved ham, sliced cheese, lettuce, tomatoe, cucumber, carrot & mayonnaise

Tuna Salad: Creamy tuna with lettuce, cucumber, carrot & mayonnaise

Sandwiches & Rolls (G) - Fresh or Toasted

Croissant: Ham, cheese & tomato	\$5.00
Ham OR Chicken & Salad	\$6.00
Ham, cheese, and tomato	\$5.00
Egg and lettuce	\$5.00
Vegemite, honey or strawberry jam	\$4.00

Jaffles—spaghetti or baked beans (A) \$4.00

Salad Tubs (G)

Fruit Salad	Small \$2.00	Large \$3.00
Garden salad with Italian dressing	\$4.00	
Chicken Caesar salad	\$7.00	
Chicken salad (sweet chilli optional)	\$7.00	

Hot Food (A)

Egg and bacon muffin (1st break only)	\$4.00
Homemade beef lasagne	\$6.00
Fried Rice	Small \$4.00 Large \$5.00
Baked Potato with bacon, cheese, coleslaw & sour cream	\$6.00
Zucchini Slice	\$4.00
Chicken Crackles (nuggets)	\$1.00 ea or 6 for \$5.00
Steamed Dim Sims	\$1.50 ea or 4 for \$5.00
Toasted Focaccia (various fillings)	\$6.50

Mini Pizzas (A) \$5.00

Choice of:
Ham, Hawaiian, BBQ Chicken or Garlic & Cheese Lovers

Sweet Treats

Homemade muffins (various flavours each day)	\$1.50
Jelly Cups	\$1.50
Honey Joys	\$1.00

From the Freezer

Icy Poles	50c
Dixie tub vanilla ice cream	\$2.50
Frozen strawberry or mango yoghurt	\$2.50

Cold Drinks (A)

Stone Mountain water (G)	\$2.20
Fresh orange or apple juice	\$3.00
*Quelch carbonated fruit juice	\$3.00
*Approved by Canteen Association of Victoria	
Focus flavoured water	\$2.60
Oak flavoured milk—300ml	\$3.00
(chocolate, vanilla, strawberry)	
Oak flavoured milk—600ml	\$4.50
(chocolate, strawberry, *iced coffee)	

*iced coffee available to secondary students only

All Canteen orders are via the



Flexischools App

(Download from the App Store or Google play)

Contact the College for more information.

WEEKLY SPECIALS

Monday (G)

Chicken Schnitzel Burger with cheese, lettuce & mayonnaise	\$6.50
Beef Burger with lettuce, tomato, cheese & sauce	\$6.50

Tuesday (A)

Nachos with beef mince, salsa, sour cream, guacamole & cheese	\$6.00
Beef Burrito with beef mince, cheese, tomato, lettuce & sour cream	\$6.50

Wednesday (G)

Hot Diggity Dog with bacon, cheese & tomato sauce	\$6.00
Chicken and Bacon Carbonara Sml \$4.00 Lge \$6.00	

Thursday (G)

Beef or Chicken Kebabs with lettuce, tomato, cheese, tzatziki sauce wrapped in pita bread	\$7.00
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Friday (A)

Large meat pie	\$4.50
Large sausage roll	\$4.50
Pastie: meat or vegetarian	\$4.50
Party pies or mini sausage roll	\$1.60
Quiche Lorraine or Spinach & fetta	\$4.50

Our pies and pasties are made by Cowards Cakes and have been accredited by Healthy Canteens Association of Victoria



The canteen menu follows the Healthy eating Policy and is based on "Go For Your Life", a Victorian Government initiative for school canteens. Gluten Free Options Are Available

GREEN GO FOOD (G): These are foods that are low in fat, low in sugar, low in salt and HIGH in nutrients! These include fruit, salad, wholemeal sandwiches, lean meat.

AMBER CAUTION FOOD (A): These are foods that provide some nutritional value but are moderately high in fat, salt, sugar and energy such as pasta, focaccias, jaffles.

RED STOP FOOD (R): These foods are poor in nutrients, high in fat, sugar or salt such as lollies, chips, soft drinks, cake. These foods are only available from the canteen on Friday's.